



COOL News

"Do the best you can until you know better. Then when you know better, do better."
– Maya Angelou



Discover This Month

Fresh starts and new beginnings await this January! In this latest edition of *COOL News*, find ways to embrace the new year with resources for growth, upcoming SAGE activities, and inspiring stories. Let's step into 2025 with optimism, inspiration, and refreshed energy!

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English Newsletter Audio:
Click the button or scan
the QR code.



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Marc's Many Missions
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Community Resources

Explore resources and events to stay connected and supported in our Ventura County community! Interested in any of these resources? Click the buttons or scan the QR codes to learn more.



Food Share Assistance Programs

Ongoing | Various Dates and Time

Location: Multiple Locations in Ventura County

Food Share offers free food in our community. Scan the QR code or click the button to find locations.



[Click Here](#)



Fraud/Scam Support & Information Coaching

Fourth Wednesday of each month | 12:00 PM and 1:00 PM appointments; 2:00 PM - 3:00 PM walk-ins

Location: Camarillo Health Care District

Camarillo Health Care District provides free, confidential help to understand and prevent fraud and scams.



[Click Here](#)



Tech Lab: Technology Help

Sundays, January 5, 12, 19, and 26, 2025 | 2:00 PM - 4:00 PM

Location: Camarillo Public Library

Drop by for free, one-on-one help with email, software, and other technology questions. No appointment needed.



[Click Here](#)



Winter Wellness Resource Fair

Saturday, January 11, 2025 | 10:00 AM - 2:00 PM

Location: Camarillo Public Library

Explore local health resources, enjoy free health screenings, and participate in wellness demonstrations. All are welcome.



[Click Here](#)



Lunar New Year Bash

Wednesday, January 29, 2025 | 1:00 PM - 3:00 PM

Location: Community Room B, Camarillo Public Library

Celebrate Lunar New Year with hands-on crafts, calligraphy, cultural stories, and festive decorations.



[Click Here](#)



January 2025 Activities

Location:

Cooking Classes will take place in the upstairs kitchen.
Peer Groups will take place in Temple Grandin Conference Room.

Sign up for February 2025 SAGE Activities: Scan the QR code or click the button.



[Click Here](#)

Mondays



Cooking Class
5:00 PM - 7:00 PM

Thursdays



Peer Group
5:00 PM - 6:00 PM



Are you interested in more activities and social recreation opportunities? Check out what **805 Connects** has to offer!



[Click Here](#)

Happy New Year! 2025



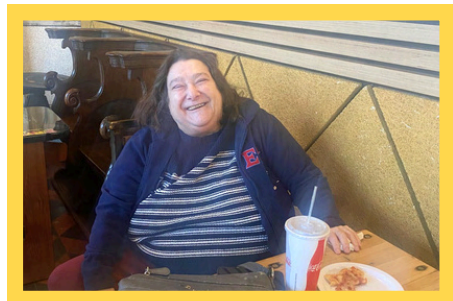
As we enter into the new year, we want to thank our incredible SAGERS. We cherish the moments we've shared and look forward to more adventures ahead!

Cheers!



Toppers Employee Appreciation Event

December 2024



Marc's Many Missions



Marc has been a valued member of our community for nearly 16 years, celebrating his anniversary this June. Known for his friendly and approachable nature, Marc is a beloved participant at SAGE Services.



Marc has many interests such as John Wayne movies (especially westerns), attending and volunteering at car shows, and fishing at local spots. At SAGE Services, Marc's favorite activities include Peer Group on Thursdays and attending various events held at the office.

One of Marc's proudest achievements is maintaining his own apartment, which he enjoys keeping clean.

Marc's diverse set of interests not only enrich our community, but show us that through passion and commitment to the things we enjoy, we too can make a positive impact.



January Puzzles




Click Here

Access puzzles online:
Click the button or scan the QR code.



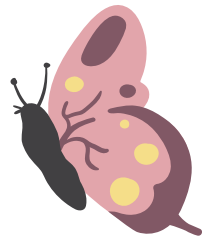
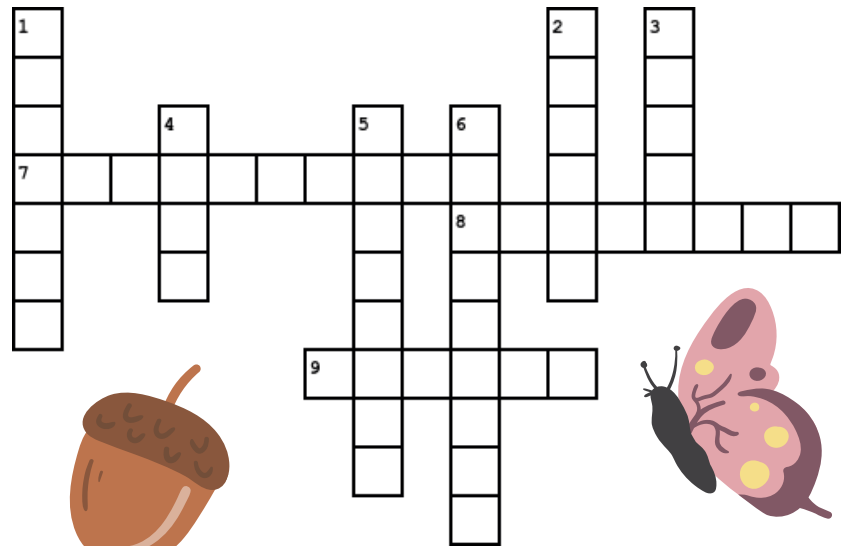
Fresh Starts in January

Across

- A decision to make a positive change
- Looking at the bright side of things
- Taking care of your body and mind

Down

- Traveling toward a goal or destination
- Becoming better or stronger
- Something you imagine or hope for
- Believing in a better future
- Being nice and caring toward others
- A unique ice crystal falling in winter



A New Leaf

I L W Z R M K Y F I O X L V X X N M L R
 B A X E J O U R N E Y V S K D C R X O H
 W A F E O A S J M M P S K Q K A L F L R
 O K T U G G W S C I R C F U B N R L U U
 D T Y R Q O I H U W R T S L T M L C J D
 D B H C E M A G A S W X E M I G Q A G X
 M Y E D I N H R I F C E O R D D H I N P
 O T Z T G E N O K M Z K H R U S T A R T
 T U P E A V F W G W R A X X Z T S C S E
 I O P L L B R T N U Y L F Y K F U S R K
 V P T A G L E H R F R F K C S A E F E P
 A H J D F H S J O Y E E D E X N T N N E
 T R O X B S O D K L N Q T N D H Q P E Y
 I Z F J D H L G A J E B Q N A A C T W J
 O W P A V B U O H W R O I M I Y C K E E
 N E Z C J U T A S V G K T W L W G C V Y
 E W Z U D U I L X F Y X S N A L P N P N
 P D V Z W A O S U C O F M C M A E R D F
 O Z S X S K N A D H N E D U Z U M F X J
 H M P C I W M Y Q V I T M T O S Z H T P

Word Bank

RESOLUTION	FUTURE
GOALS	JOURNEY
OPTIMISM	GROWTH
WINTER	MOTIVATION
PLANS	KINDNESS
CHANGE	RENEW
HOPE	HEALTH
START	FOCUS
FLAKE	JOY
DREAM	ENERGY



January 2025

Happy Birthdays and Anniversaries



1 Guillermo 4 years Matthew 7 years Thomas 7 years Natalie 9 years	9 Catherine Ricardo Seth 12 years	19 Sandra 4 years	26 JoDee Gustavo Randolph 15 years Ramone 3 years
2 Irma Eugene David 1 year Gerardo 5 years	10 Victor	20 Erik 16 years Melissa 3 years	27 Jessica Viridiana 3 years
3 Sonya Maria 6 years Sandra 5 years Jenny 5 years	12 Lisa Cheryl 1 year	21 Jason 4 years	28 David Jerry Laura Alicia 11 years Yesenia 3 years
4 Autumn Anthony 4 years Amanda 1 year	13 Manuel Anita Miguel 3 years	22 Shay	30 Stoney Brett Clarissa 1 year
6 Natalie Michael 11 years	15 Joseph 10 years	23 Irma 1 year	31 Taylor
8 Angela	16 MaryAnne	24 Mikhail Maria 3 years MaryAnne 3 years	

Monthly Jokes

Q: What do you call a funny mountain?

A: Hill-arious!

Q: Why did the student eat his homework?

A: Because the teacher said it was a piece of cake!

Q: What do you call a can opener that doesn't work?

A: A can't opener!

**Got a story, photo, or event?
Share it with us!**

Email us at:

Sage@NewslettersOnline.org

**Together, we make this
newsletter awesome!**