

COOL News

"The only person you are destined to become is the person you decide to be."
-Ralph Waldo Emerson



Discover This Month

As we wrap up the sunny season, SAGE Services brings you the August edition of COOL News! Embrace the last of the summer warmth with 5 community resources, exciting SAGE activities, adorable pet pictures, Luau memories, beautiful art pieces, fun puzzles, celebrations, and more. From laughter-filled days to sun-kissed evenings, there's so much to enjoy this month. Let's savor the simple joys of summer before we welcome the cozy embrace of fall!

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Page 4... Interactive Puzzles

Page 5... Happy Birthdays & Anniversaries



CLICK HERE

Click here or scan the QR code for the English Newsletter Audio



Seaside Movie Night See more on page 1.

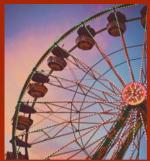


Cooking Classes See more on page 2.



SAGE Luau 2024 See more on page 3.

Community Resources



Seniors & Persons with Disabilities Day

Tuesday, August 6 | Gates open at 11:00am

Location: Ventura County Fairgrounds

Join the Ventura County Fair for Seniors & Persons with

Disabilities Day! Gates open early at 11:00am, offering free individual admission plus one caregiver. Enjoy all the fair has to offer!



CLICK HERE



Seaside Movie Night

Saturday, August 17 | 7:30pm-9:30pm

Location: Ventura Harbor Village Lawn
1591 Spinnaker Drive, Ventura, CA 93001

Join Ventura Harbor Village for Movie Night! Watch "The Endless Summer," enjoy pre-show surf rock, fresh kettle corn, local eats, and explore seaside shops. Fun for all!



CLICK HERE



Register for Emergency Alerts

VC Alert is Ventura County's emergency notification system, providing timely alerts about local emergencies. Register online, via text, email, mobile app, mail, or phone. Receive notifications in English and Spanish through phone, email, or TTY device. Alerts help residents stay informed and take necessary actions for safety.



CLICK HERE



Museums for All

Museums for All provides free or reduced admission to over 1,300 U.S. museums for SNAP recipients. Present an EBT card and photo ID for access. Local participating museums include the Museum of Ventura County and the Santa Barbara Zoo. Discover and enjoy outings with family and friends!



CLICK HERE



Visit CA State Parks Free with the State Parks Pass

Ventura County Library offers free State Parks vehicle-day use passes, granting access to over 200 California state parks. These passes cover one passenger vehicle or motorcycle and can be borrowed for 21 days. Enjoy nearby destinations like Point Mugu State Park and Emma Wood State Beach.



CLICK HERE



Upcoming SAGE Activities



All SAGE (SLS) activities are downstairs in the Temple Grandin Training Room, unless noted otherwise Scan the QR code or click the button to sign up for **September 2024** SAGE Activities:



CLICK HERE

Cooking Class



Wednesdays 5:00pm-7:00pm

Peer Group



Thursdays 5:00pm-6:00pm

Social Hour



Thursdays 6:00pm-7:00pm



Are you interested in more activities and social recreation opportunities? Check out what <u>805 Connects</u> has to offer!

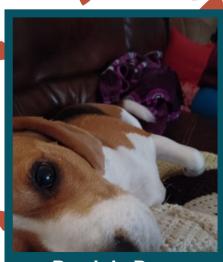


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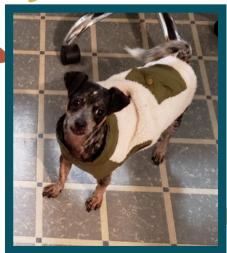
Pets Page



Georgina's Dog, Teddy



Darrin's Dog, Stormy



Georgina's Dog, Sadie



Greative Corner

Find these pieces at the Ventura County Fair!



Amateur Arts Building



Diamond Dot Art, by Tori







Plant Paintings, by Diane

August Puzzles



CLICK HERE

Click the button or scan the QR code to access our puzzles online

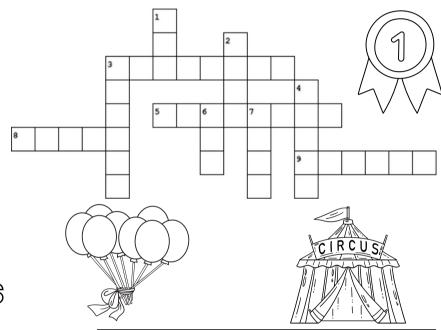
Across

- 3. By the swimming area
- 5. Beach walker
- 8. Swimsuit fabric
- 9. Month following July

Down

- 1. August's zodiac sign
- 2. Cooling breeze
- 3. Outdoor meal
- 4. Paddleboard alternative
- 6. Short rest period
- 7. Ice cream holder

Lazy August Afternoons



Sunshine Days

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Word Bank

SUN SUNSCREEN

BEACH SWIMSUIT

HEAT FLIPFLOPS

VACATION FIREWORKS

SUMMER FESTIVAL

OCEAN TRAVEL

SAND SUNSHINE

ICECREAM RELAX

PICNIC POOL

BARBECUE CAMPING

5

August 2024

Happy Birthdays and Anniversaries

John 13 yrs Wendy 8 yrs Timothy 10 yrs Kailyn 1 yr Kerry 18 yrs	7 Kerry	Milagros 15 yrs	Jason Bruce Irene Dorothy 2 yrs Alejandro 2 yrs	26 Deisy Esequiel
Jose Viridiana John 2 yrs Lance 6 yrs	Sue Chelsea 6 yrs Kristine 6 yrs	Maria Cheri 1 yr	20 Nena 15 yrs	28 Joni
3 Jesus	Philip Veronica Trevor 6 yrs	Max Darrin Michelle 2 yrs Paul 18 yrs	Clarissa Gilbert Rafael 7 yrs	29 Chad 13 yrs
Alicia Deborah Kenna 9 yrs	Patricia 6 yrs Yvangelina 3 yrs	17 Wagner	Matthew Maverick Robert 12 yrs Adrian 4 yrs	Chris Rosa
Sahjid Nylina 3 yrs Matthew 3 yrs Claudia 3 yrs	13 Esthela	18 Josue 3 yrs	25 Patricia Sue 1 yr	Gerardo Jonathan Jason 15 yrs Paul 15 yrs Chris 15 yrs Barbara 15 yrs Jeanne 15 yrs

Monthly Jokes

Q: Why did the crab never share?A: Because it was a little shellfish!

Q: Why did the orange stop rolling down the hill?

A: Because it ran out of juice!

Q: Why do golfers bring an extra pair of pants?

A: In case they get a hole in one!

Message from our Newsletter Editorial Staff

Thank you for tuning in to the August 2024 COOL News Newsletter! Your contributions make our community shine! Have you attended a cool event or perhaps have a special talent you want to showcase? We'd love to hear about it! Please feel free to share your ideas, photos, and stories with us at newsletter@sageservices.org. Your voice matters, and together, we make our newsletter awesome!