



February 2024

# COOL NEWS

Volume 17 | Issue 2

“I am only one, but I am one. I cannot do everything, but I can do something. And because I cannot do everything, I will not refuse to do the something that I can do.”

— Edward Everett Hale

## Discover This Month

Step into the warmth of February 2024 with our heartwarming edition of COOL News! Discover 5 EXTRAORDINARY events and resources exclusively tailored for you. Each week in February promises excitement – flip to page 3 to cherish the sweet memories of January and embark on a journey of self-love!

Conclude the newsletter with enchanting Valentine's Day-themed activities and celebrate birthdays/anniversaries. Cheers to a month overflowing with love, joy, and meaningful connections this February!



## Inside this Issue

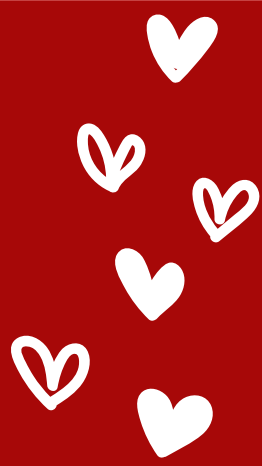
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**CLICK HERE**

Click here or scan this QR code for the English Newsletter Audio



Free Concert, presenting guitarist Kaki King. See more on page 1.



SAGE Services Valentines Day Dance. See more on page 2.



Be Your Own Valentine. See more on page 3.

# COMMUNITY RESOURCES



## The Great Train Show

February 17-18, 10:00am-4:00pm

Location: Ventura County Fairgrounds

Get ready for the exciting Great Train Show Ventura! It's a special event hosted by Train Show Inc. that brings together model hobby enthusiasts from all over the region. Join friends from all around for the big day on February 17-18 at the Ventura County Fairgrounds!



[CLICK HERE](#)



## Spring Art & Crafts Festival

March 2, 10:00am-3:00pm

Location: Borchard Community Center

Celebrate creativity and community at our 37th Annual Spring Art & Crafts Festival! Enjoy over 30 artists, hands-on children's activities, and handmade treasures—all with free entrance for everyone, rain or shine, ensuring a day of joy and connection for our diverse community.



[CLICK HERE](#)



## Tech Lab: Technology Help

Every Sunday in February, 2:00pm-4:00pm

Location: Camarillo Public Library

Discover tech with ease at Camarillo Public Library's 2nd-floor Tech Lab every Sunday! No appointments required. Receive personalized support, from setting up emails to fixing software hiccups. Join for a stress-free tech experience!



[CLICK HERE](#)



## Free Concert, presenting guitarist Kaki King

February 28, 7:00pm, first come first serve

Location: The Grant R. Brimhall Library

Catch Kaki King's FREE concert at Grant R. Brimhall Library on Feb 28, 7:00 pm. Experience groundbreaking guitar techniques in a multimedia show. Limited seating, first come, first served.



[CLICK HERE](#)



## A Night to Remember

March 8, 6:30pm-9:30pm

Location: Ventura Fairgrounds

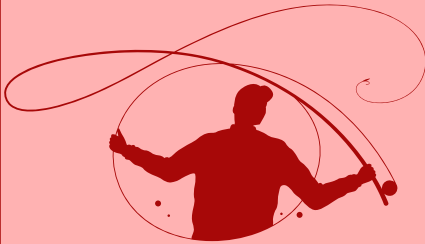
Join us at A Night to Remember, a free prom by Mission Church for students with special needs aged 12-25. Enjoy a complete experience with attire, makeup, hairstyling, limo ride, photos, red carpet walk, swag bag, and a lively DJ—all provided free of charge for an unforgettable night!



[CLICK HERE](#)

# UPCOMING EVENTS 2

**Intro to Fly Fishing  
Chumash Park  
Ventura**



**February 3  
9:00am-11:00am**

**SAGE Services  
Valentines Day  
Dance**

**\*Movie Night Cancelled\***



**February 6  
5:00pm-8:00pm**

**Super Bowl  
Watch Party &  
BBQ**



**February 11  
3:30pm-6:30pm**

# OUR ACTIVITIES

**Tuesday**



**Movie Night**  
**\*Cancelled on 2/6\***  
**5:00pm-7:00pm**



**Scan or Click for March  
Activity Sign-Up**

**CLICK HERE**

**Wednesday**



**Cooking Class**  
**\*Cancelled on 2/7\***  
**5:00pm-7:00pm**

**Thursday**



**Peer Group**  
**5:00pm-7:00pm**

**Friday**



**Activity Night**  
**5:00pm-7:00pm**

**Saturday**



**Getting Outside  
with Danny**  
**11:00am-1:00pm**

# MONTHLY HIGHLIGHTS 3



## BE YOUR OWN VALENTINE

Celebrate the love you have for yourself this Valentine's Day with our special self-love checklist! Remember, you deserve the love and joy that comes from within. Happy Valentine's Day!



### Dress Up for Yourself:

Get ready and wear an outfit that makes you feel most like yourself, even if you're staying in.



### Indulge in Hobbies:

Spend time doing things you love, whether it's reading, painting, writing, or any hobby that brings you joy.



### Positive Affirmations:

Write down positive affirmations and repeat them to yourself throughout the day.



### Buy Yourself a Gift:

Treat yourself to a small gift or something you've been wanting.



### Favorite Meal:

Cook or order your favorite meal and savor it without any distractions.



### Exercise:

Engage in physical activity that you enjoy, whether it's a workout, yoga, or a nature walk.

# ACTIVITIES PAGE

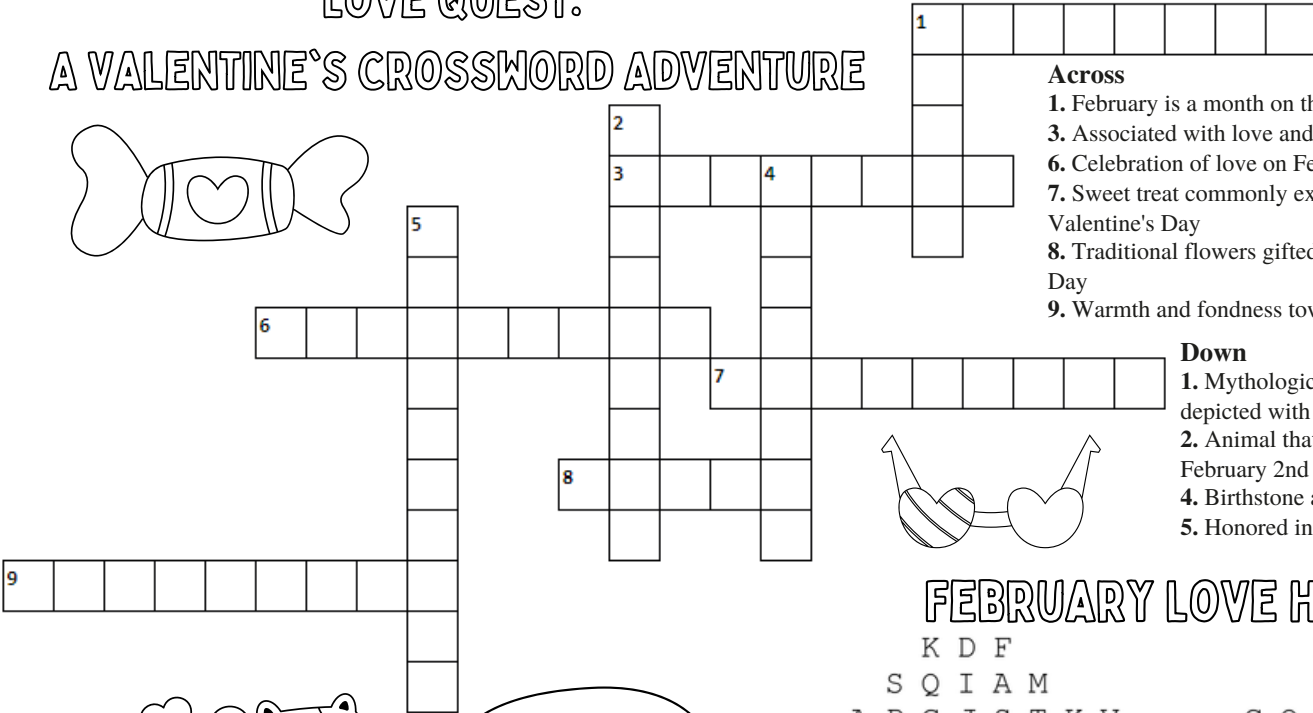
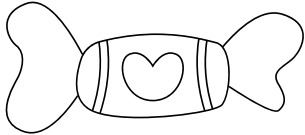
Check out our puzzles online by clicking the link or scanning the QR code!



**CLICK HERE**

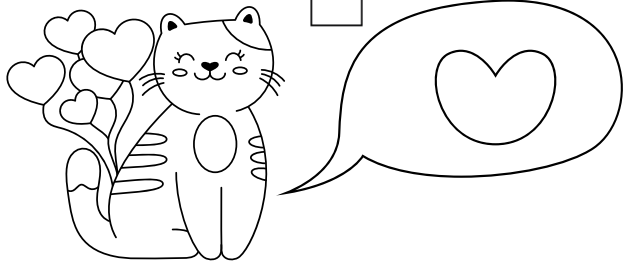
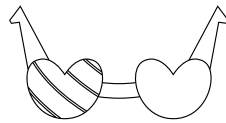
## LOVE QUEST:

### A VALENTINE'S CROSSWORD ADVENTURE



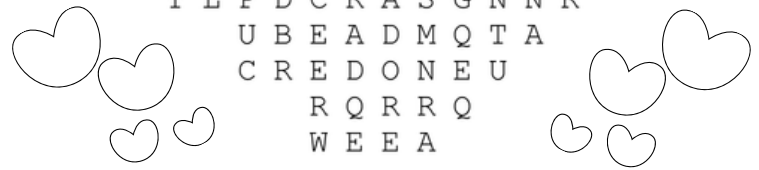
- Across**
- February is a month on this
  - Associated with love and affection
  - Celebration of love on February 14th
  - Sweet treat commonly exchanged on Valentine's Day
  - Traditional flowers gifted on Valentine's Day
  - Warmth and fondness towards someone

- Down**
- Mythological figure of love, often depicted with a bow and arrow
  - Animal that predicts the weather on February 2nd
  - Birthstone associated with February
  - Honored in the U.S. during February



### FEBRUARY LOVE HUNT

K D F L F H C  
 S Q I A M O L E U  
 A P G J S T K V C Q V O A P C B  
 M R C J I S E I D P L G E W R C A I  
 H E K A L F W O N S R N I L K E T A L R  
 C T G R Q I R S S E C S I P L R N K E T  
 N H K N H J J C S N P T G X D S X E N H  
 M Y O I B D F I E N I T N E L A V J D D  
 O S I V L Y D G R O U N D H O G X U A A  
 T Y A V E P I H S D N E I R F Y G R Y  
 Y L N B Z F S Y E C N A M O R I S  
 H T B G D E T A L O C O H C W U  
 N O I T C E F F A J I I I  
 T L P D C R A S G N N R  
 U B E A D M Q T A  
 C R E D O N E U  
 R Q R R Q  
 W E E A



### VALENTINE'S VOCAB CHALLENGE

Unscramble these words

**CIOOSNMANHPIP**  
 Clue: The bond and closeness shared between two individuals \_\_\_\_\_

**ACCOETHL**  
 Clue: Sweet treat often exchanged on Valentine's Day \_\_\_\_\_

**ANLNIETV**  
 Clue: Romantic celebration \_\_\_\_\_

**UUQOTBE**  
 Clue: A beautiful arrangement of flowers \_\_\_\_\_

**UYRERAFB**  
 Clue: Winter month full of love \_\_\_\_\_

#### Word Bank

VALENTINE	FLOWERS	KISS	DATE
LOVE	PRESIDENT	CALENDAR	PISCES
CHOCOLATE	WINTER	GROUNDHOG	ADORE
CUPID	CUPCAKE	BIRTHDAY	AFFECTION
HEART	FRIENDSHIP	AQUARIUS	RED
ROMANCE	SNOWFLAKE	AMETHYST	ROMANCE

# FEBRUARY 2024 5

## Happy Birthdays & Anniversaries

1	Travis 2 yrs Danny	9	Marisol Melody	16	Elvia 2 yrs	24	Shamarra 4 yrs Gerardo 4 yrs Micheal
2	Matthew 13 yrs Erlan	10	Nylina	18	Brando	25	Shamarra
3	Sharon Evan	11	Hector Karen	19	Gerardo	26	Brianna
4	Cristal	13	Quin 12 yrs	21	Stephanie	27	Jessica 6 yrs Ana Erik
5	Taylor 14 yrs Jim	14	Maria Juan	22	Joseph 3 yrs	28	Brandon Kelly Ana Alison
7	Anthony Chantell Lance	15	Blakely 5 yrs Nicholas 5 yrs Blakely Mary Christina	23	Jesus 6 yrs	29	Happy Leap Year! 

## Monthly Jokes

Q: When is the best outfit for February 2nd?

A: A tu-tu.

Q: Can February march?

A: No, but April may.

Q: What is a frog's favorite month?

A: February. It has a Leap Year.

## Message from our Newsletter Editorial Staff

We thank you for taking the time to read or listen to the February 2024 Cool Newsletter.

We appreciate any ideas or feedback you have. Please email

[newsletter@sageservices.org](mailto:newsletter@sageservices.org) if you have any awesome newsletter ideas or photos to share.