



# COOL News

"I have not failed. I've just found 10,000 ways that won't work."
-Thomas A. Edison

### **Discover This Month**

Welcome to the May edition of COOL News – your gateway to a month filled with excitement! Dive into page 1 to uncover an array of invaluable community resources. Turn to page 2 for a sneak peek at the upcoming events and activities that will keep you entertained all month long. Get ready to be charmed on page 3 as we revisit April's highlights and showcase a heartwarming collection of adorable pet pictures. Need a mental workout? Flip to page 4 and take on our interactive May puzzles! And don't forget to join us in celebrating our staff birthdays and anniversaries on page 5. Here's to a fantastic May ahead, filled with fun and unforgettable moments!



### **Inside This Issue**

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Page 2... Upcoming Events & Weekly Activities

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**Page 5...** Happy Birthdays & Anniversaries



**CLICK HERE** 

Click here or scan this QR code for the English Newsletter Audio



Get Fit! Zumba Classes See more on page 1.



Cinco de Mayo Celebration See more on page 2.



Ventura County Fair Art Support! See more on page 3.

# **Community Resources**



### **Get Fit! Zumba Classes**

Ventura- Wednesdays & Thursdays 6:00pm-7:00pm

**Location:** Bell Arts Factory

 $\textbf{Oxnard-} \ \, \textbf{Thursdays, 6:15pm-7:15pm \&}$ 

Saturdays, 9:00am-10:00am

**Location:** Nyeland Acres Community Center & Park

Open to the public. Lead by licensed instructors.



**CLICK HERE** 



### Vintage & Craft Fair

Saturday, May 25 | 10:00am-4:00pm

**Location:** The Oxnard Historic Farm Park

1251 Gottfried Place Oxnard, CA 93030

Join the community for the 2nd Annual Vintage & Craft Fair

at Oxnard Historic Farm Park - a day of shopping,

community-building and enjoyment



**CLICK HERE** 



### GO Now: \$2 Rides in South Oxnard

Service Operates Monday-Friday, 7:00am-7:00pm **Location Perimeter:** South Oxnard Neighborhood Introducing GO Now, a \$2 on-demand rideshare service in South Oxnard, offering safe and convenient transportation within the service zone, accessible through the <u>TransLocapp</u>.

**CLICK HERE** 



### **New Housing Opportunity**

Location: Camarillo & Thousand Oaks

The Area Housing Authority of the County of Ventura is now accepting applications for low-income and senior housing in Camarillo and Thousand Oaks under the Project-Based Voucher Rental Assistance program. Need housing in Ventura? See page 3.



**CLICK HERE** 



### **Find Free Food Now!**

Discover nearby food pantries in Ventura County easily with Food Share's website! Simply enter your location and set a distribution type (Food Pantry, Hot Meals, etc.) to find free food near you NOW!



**CLICK HERE** 

# **Upcoming Events**

Cinco de Mayo Celebration

May 3rd 5:00pm-7:00pm



**Outings** with Danny

May 4th & 18th 11:00am-12:00pm



**Create a Planter** Cage @ Garden

May 11th 11:00am-12:00pm



Field Day & BBQ @ Aquatic Center

May 25th 11:00am-3:00pm



# **Our May Activities**

Click the button or Scan the QR Code to Sign-Up for June 2024 Activities

**CLICK HERE** 



### **Tuesday**



**Garden Meetup** 

3:00pm-4:00pm

**Movie Night** 

5:00pm-7:00pm

### Wednesday



**Cooking Class** 

## 5:00pm-7:00pm

### **Thursday**



**Peer Group** 

5:00pm-6:00pm

**Social Hour** 

6:00pm-7:00pm

### Friday



**Activity Night** 5:00pm-7:00pm

### **Announcements!**



Debby McConnell is here to assist with submissions, from sewing to painting. **Contact Debby today!** 

805-910-5267

Dmcconnell@sageservices.org

Looking For

Affordable Housing in Ventura?

Apply to
The Willows at
Ventura:

Click button or scan QR code!



**CLICK HERE** 

# April 2024 Memories!







# ----Pets Page----



Emily's dog, Poppy Lauren's cat, Willow



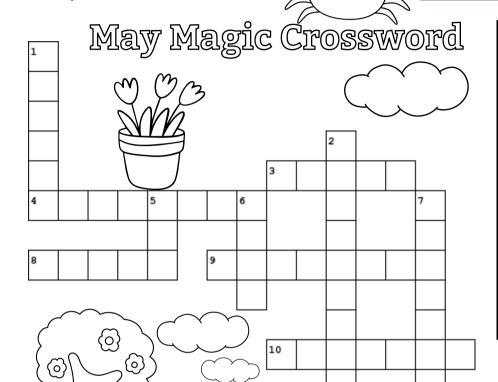


Danny's cat, Kitty May Mind & Games

Click the button or scan the QR code to access our puzzles online



**CLICK HERE** 



### Across

- 3. May weekend getaway spot.
- 4. May outdoor activity.
- **8.** The flower that represents Memorial Day.
- **9.** When a group of people gathers outdoors to eat food that has been cooked over a controlled fire.
- **10.** Footwear worn during warm weather.

### Down

- 1. May's zodiac sign.
- 2. Outdoor activity
- **5.** The flowering month.
- **6.** Annoying bug, popular in May.
- 7. Birthstone for May.



### \_\_\_\_ Marvelous May Maze

# FLOWERS GREENERY SUNSHINE BIRDS BLOSSOMS BUTTERFLIES SPRING GARDENING PICNICS OUTDOORS BARBECUE ADVENTURE GRADUATION VACATION CELEBRATIONS HIKING

**POPSICLES** 

**LAUGHTER** 

**Word Bank** 

**WARMTH** 

REFRESHING

KBGXNJPHHGNIKIHORT PLDWARMT H Q Ε SPUAVMUMO RAB G N INE ARB N O Ι Τ ELE C M N SLLSSF F N Y H X HF VGRAD S S F V U S Ε S V E O R Ι S S Ε G Τ 0 S G DT U C Η Ι RJ THFOXE LOGRB OBELESENOE URNRS XISFTODUQBIRDS H K C O I B X S F S T V S V W B X C Y V

# May 2024

### Happy Birthdays and Anniversaries

2	John Barbara	10	Anthony 12 yrs	17	Alma 2 yrs	24	Veronica 3 yrs
3	Sheila 4 yrs	11	Karina	18	Patti 3 yrs	25	Brayan Hannah 8 yrs
4	Scott	12	Jason Thomas 12 yrs Esequiel 2 yrs	19	Craig Enrique 4 yrs	26	Miguel Maria 2 yrs
5	Kristen 1 yr	13	Victoria Michelle	20	Deborah 14 yrs	27	Rosa
7	Timothy Evan Victor 12 yrs	14	Veronica Charles Gordon 5 yrs Esthela 5 yrs	21	Joseph	29	Monica
8	Norman 9 yrs	15	Hannah Joseph 12 yrs Nathan 12 yrs Kasandra 7 yrs Aldo 6 yrs	22	Hector	31	Tammy 5 yrs Teresa 5 yrs
9	Larry Carol 12 yrs Mary 7 yrs	16	Sharon	23	Annaleen Gordon		

### **Monthly Jokes**

**Q:** What's green and pear-shaped? **A**: A pear.

**Q:** What's an astronaut's favorite part of a computer?

**A**: The space bar.

**Q:** Why do bees have sticky hair?

**A:** Because they use a honeycomb.

### Message from our Newsletter Editorial Staff

We thank you for taking the time
to read or listen to the
May 2024 COOL News Newsletter.
We appreciate any ideas or feedback
you have. Please email
newsletter@sageservices.org if you have
any awesome newsletter ideas
or photos to share.