



COOL News

"What lies behind us and what lies before us are tiny matters compared to what lies within us."
— Ralph Waldo Emerson



Discover This Month

Celebrate the sparkle of summer with SAGE Services in this July edition of COOL News! Discover 5 community resources, exciting July events and activities, Frank and Erlan's irrigation innovation, Stoney's positive inspiration, Ventura County Fair news, puzzles, celebrations and more. Here's to all the beach days, barbeques and summer laughs ahead!

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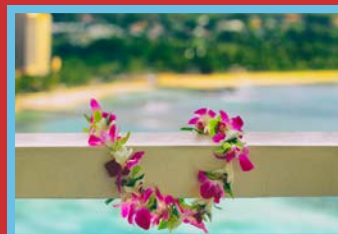


[CLICK HERE](#)

Click here or scan the QR code for the English Newsletter Audio



4th of July Street Fair & Pushem-Pullem Parade
See more on page 1.



SAGE Services Luau
See more on page 2.



Frank and Erlan's Irrigation Innovation!
See more on page 3.

Community Resources



4th of July Street Fair & Pushem-Pullem Parade

Thursday, July 4 | 10:00am-4:00pm

Location: Downtown Ventura

Join the City of Ventura for their 47th annual Fourth of July Street Fair & Pushem-Pullem Parade! Spend the day strolling Ventura's Main Street, enjoying the artisan street fair, live entertainment, and more!



[CLICK HERE](#)



Art Salon for Adults

Saturday, July 13 | 11:00am-1:00pm

Location: Oak View Library

555 Mahoney Avenue, Oak View, CA 93022

Join the Oak View Library for a self-directed, relaxed exploration of visual mixed-media arts and crafts. This event is for ages 18+ and basic supplies are provided.



[CLICK HERE](#)



Help The Homeless: Sleep Out Oxnard

Saturday, July 20 | 10:00am-10:00pm

Location: Oxnard High School

3400 W Gonzales Rd, Oxnard, CA 93036

Join the community in a 12-hour event supporting Oxnard's homeless population by walking, engaging in activities, and raising funds.



[CLICK HERE](#)



Free Summer Concert Series

Saturdays, June-August | 7:00pm-9:00pm

Location: Constitution Park

601 Carmen Dr., Camarillo, CA 93010

Head to Camarillo on Saturdays with your blanket, lawn chairs, and picnic for free live music and a relaxing evening outdoors!



[CLICK HERE](#)



Free Eye Exams and Glasses

Days and times vary by location

Location: Various locations in Ventura County

Uninsured and need an eye exam and glasses? If you qualify, SBVC offers these services free in Santa Maria, Ventura, Goleta, and Oxnard. Scan or click to schedule or learn more!



[CLICK HERE](#)

Upcoming Events

SAGE Services Luau



July 13

12:00pm-4:00pm

July Birthday Pizza Celebration

During Social Hour



July 25

6:00pm-7:00pm

Pot Painting at Cornucopia Community Garden



July 27

10:00am-12:00pm

Our July Activities

Tuesday



Garden Meetup

3:00pm-4:00pm

Movie Night

5:00pm-7:00pm



[CLICK HERE](#)

Click or Scan for the
August Activity Sign-up

Wednesday



Cooking Class

5:00pm-7:00pm

Thursday

excluding 7/4



Peer Group

5:00pm-6:00pm

Social Hour

6:00pm-7:00pm

Friday



Activity Night

5:00pm-7:00pm

Saturday

excluding 7/13 & 7/27



Outing with Danny

11:00am-12:00pm

Frank and Erlan's Irrigation Innovation!

Participant Frank and staff member Erlan teamed up to create an innovative irrigation system for our garden!

This timed drip system ensures our plants get water without needing to connect to the city spigots. It's a fantastic and efficient project showcasing our SAGE community's collaboration and brilliance!



Frank helps with setting up our garden's irrigation system!



Ventura County Fair: Seniors & Persons with Disabilities Day

Tuesday, August 6
Gates open at 11:00 am



Free Entry For:

Note: No ID or proof required for entry

- Persons with Disabilities
- Seniors
- Support Persons

Sign-Up through the August Activities Sign-Up Sheet found on page 2.

Discover More About the 2024 Ventura County Fair:

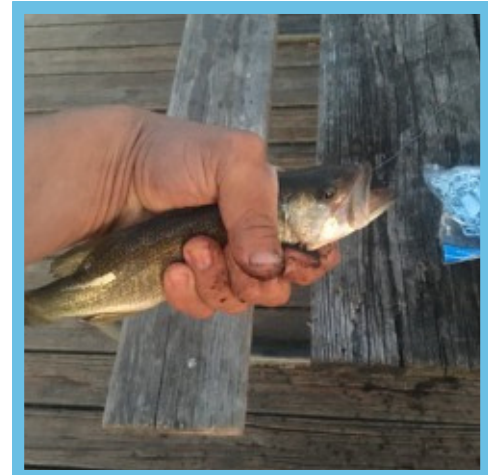
[CLICK HERE](#)



SCAN ME!

Reeling in Success with Stoney's Fishing Adventures

Casting his fishing line and waiting for a tug is how Stoney finds balance in his life. When he does catch something, he proudly shares photos with us, celebrating his joy and accomplishments. Stoney's achievements remind us that with time and patience, we can reach our goals and find joy in the journey.

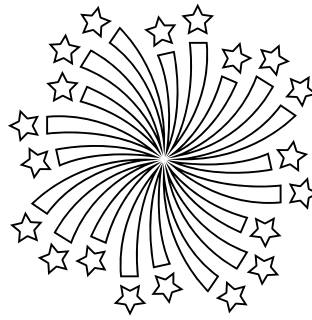


July Puzzle Fun



CLICK HERE

Click the button or scan the QR code to access our puzzles online



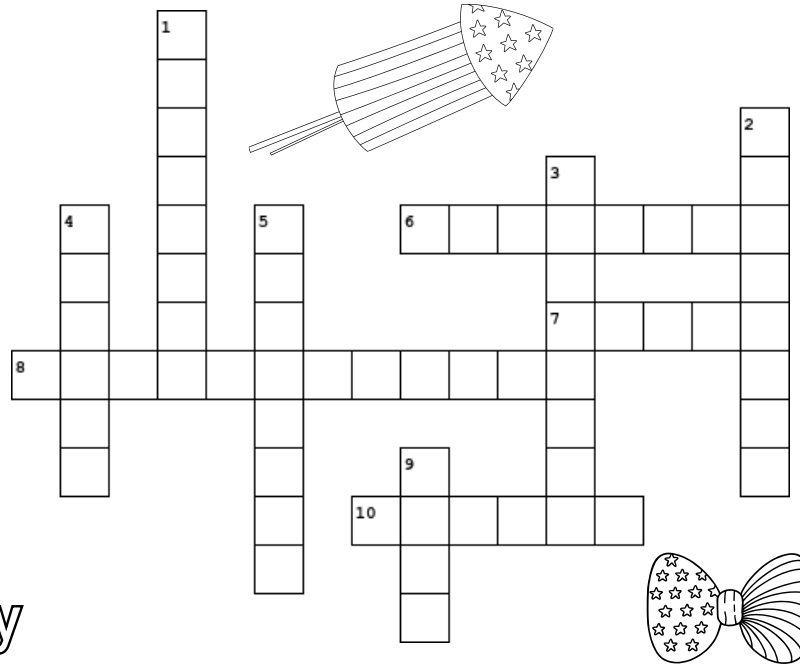
Across

- 6. Time off for relaxation or travel.
- 7. Sandy shore by the ocean.
- 8. Celebrated on the Fourth of July in the USA.
- 10. The warmest season of the year.

Down

- 1. Period of extremely hot weather.
- 2. Bright light from the sun.
- 3. Outdoor cooking party.
- 4. Outdoor meal on a blanket.
- 5. Colorful explosions in the sky.
- 9. The seventh month of the year.

Sunny Days of July



Jumping for July Joy

A T H B D B S E O U U A F B R E M M U S
 X R W T V A Z U T P X U Q E E W D Q R F
 Q C K L A N V E N W L X M M L A Y Y X E
 E W Y B C I B Q G S T P X L T I C O U S
 L B W S E Z D X B D C E Q I Y U J H V T
 T N T O X T L C U H F R M N V J S I A I
 S I A E C S K F B O I X E D A L K P C V
 A V R Z Z C V L I B F T E E G A R I A A
 C F R E E D O M I P G A J P N F O C T L
 D H F Q J D N H E X L J A E I Q W N I B
 N I O L D L Q V N N A B Y N M D E I O I
 A Q C L A E A D F C B R B D M A R C N F
 S G D E I W V P N I A P L E I X I I I I
 P T J K T D K Z F G Y I K N W T F P U R
 K G G A V B A R B E C U E C S H Z T Y E
 V J E V R Y J Y V Z U C D E B O A L A W
 N H C A M P I N G Z T R G X V R U M H O
 C B E E I O H V S B T O K L R J R P X R
 N J V P U E B K C G S U N S H I N E W K
 U L G B T R Y O E K J Y T R A V E L V S

Word Bank

- | | |
|--------------|------------|
| INDEPENDENCE | FREEDOM |
| FIREWORKS | SWIMMING |
| BARBECUE | CAMPING |
| SUNSHINE | SANDCASTLE |
| BEACH | FIREWORKS |
| PICNIC | FESTIVAL |
| VACATION | CREAM |
| SUMMER | HOLIDAY |
| HEATWAVE | SUNSCREEN |
| JULY | TRAVEL |

5

July 2024

Happy Birthdays and Anniversaries

1

Cheryl
Rick 14 years
Emily 7 years
Tad 3 years
Adriana 9 years

8

Maria
Valerie
Anthony

16

Julissa
Chris
Autumn 12 years

25

Veronica
Ruth
Tammy 1 year
Amy 1 year
Jude 2 years

2

Jesus
Georgina 10 years

9

Nicolas
Adriana

18

Brian

26

Kristy

3

Amy

10

Sophie
Gabriel

19

Nicolas 4 years

27

Giselle
Sue 4 years

4

Carol

11

Cynthia

20

Patricia
David 7 years
Mia 1 year
Lani 3 years

28

Amanda
Cheri

5

Danica
Laura 9 years

13

Jasmine
Irene

22

Jeremiah
Joshua
Jeremy 2 years

29

Yvangelina

6

Maria
Joseph

14

Arturo
Kailyn 4 years
Mike 8 years

23

Alejandro
Kenna

30

Tracy

7

Yvonne
Ernesto
Kenneth 4 years

15

John
Javier 5 years

24

Jude
Daniel
Jason 12 years

31

Cassie
Mario
Juan 4 years

Monthly Jokes

Q: What dance was very popular in 1776?

A: Indepen-dance!

Q: What do you get when you cross a patriot with a small curly-haired dog?

A: Yankee Poodle!

Q: Why did Paul Revere ride his horse from Boston to Lexington?

A: Because the horse was too heavy to carry!

Message from our Newsletter Editorial Staff

Thank you for tuning in to the July 2024 Cool News Newsletter! Your contributions make our community shine! Have you attended a cool event or perhaps have a special talent you want to showcase? We'd love to hear about it! Please feel free to share your ideas, photos, and stories with us at newsletter@sageservices.org. Your voice matters, and together, we make our newsletter awesome!